GCSC Safety Connection

Providing Training Solutions to Industry

FEBRUARY 2022

GCSC OCCUPATIONAL HEALTH SERVICES

GCSC is excited to announce that we are now offering Occupational Health Services Monday - Friday from 6:00am - 2:00pm.

"Luck runs out, but safety is good for life."



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Laboratory Testing Hair Follicle Collection Oral Fluid Collection Breath Alcohol Testing



NON-DISA DRUG AND ALCOHOL SCREENING

10 Panel Non-DOT Drug Screen - 08DRGN10 10 Panel Rapid Drug Screen - 08DRGR10 DOT Drug Screen - 08DRGDOT Oral Fluid Drug Screen - 08DRGORL Breath Alcohol DOT Screen - 08BASDOT Breath Alcohol Non-DOT Screen - 08BASNON Hair Follicle Collections



FIT TESTING

Respirator Fit Test - Full Face - 08RFTFF
Respirator Fit Test - Half Face - 08RFTHF
Respirator Fit Test - N95 - 08RFTN95
Respirator Fit Test - Supplied Air - 08RFTSA
Respirator Clearance (OSHA questionnaire) - 08RSPCLR



ADDITIONAL SERVICES

Audiometric Test - 08AUDIO Pulmonary Function Test - 08PFT Vision Test - 08VISION

STACEY WILLIAMS
BILOXI SUPERVISOR

"Stacey genuinely cares about producing quality work along with the success of GCSC."

> - Shelly Guilbeau Executive Directors

"We are incredibly fortunate to have Stacey on our team, her work ethic is admirable."

- Dixi Dufrene
Director of Operations

CONGRATULATIONS, STACEY WILLIAMS! 2021 FMPI OYFF OF THE YEAR

What do you believe makes a good employee?

Someone who is reliable, conscientious and takes initiative.

As a kid, what did you want to be when you grew up?

Perhaps a journalist due to my appreciation for the spoken word and its impact on others.

What's the best part of your job?

Absolutely the people. Nothing satisfies so much as when you are assisting someone and improving their day or mood.

What's your favorite time of the year at GCSC and why?

Christmas time! It's an opportunity to get together with other team members that we don't see on a regular basis.

What is your favorite thing to do away from work?

Spending time with my husband. No matter what it is we are doing, it is better because we are together.

What is your favorite Gulf Coast Safety Council memory?

Participating in the golf tournament fundraising where we raised \$2000 towards our charity, on the hole I was on. So rewarding!!





"DON'T BLAME ANYONE"

Most of us have been at the scene of an auto accident – minor or otherwise. If we're personally involved, we immediately go on the defensive. We want to make sure, if possible, that the blame isn't put on us. We might even be tempted to hold back part of the facts, hoping to pass the buck to the other person if it sort of looks bad for us.

Our theme for this talk is "Don't Blame Anyone". That's simple and easy to understand. But I wish to underline the theme by citing some of the reasons for not blaming anyone. The primary purpose of an accident investigation is to get the full and un-slanted information in order to prevent a similar accident from happening again.

With the help of an investigation team and management, if necessary we will make needed changes to ensure better safety in the future. Our great concern immediately should become the accidents we can prevent in the days and years ahead. Don't think that even minor accidents should be passed up for investigation. One that brings only slight injury, or perhaps just property damage, needs a careful and complete going-over. Maybe we got a break if the accident was minor. The next time, unless you can help us prevent it, the same type of accident might cause injury or could be fatal.

Have you been guilty of saying or thinking that a certain number or kind of accidents are bound to happen? If you have, you've been in error. Every accident has a cause or contributing factor. We have to find the cause or causes. Then we have to make the right adjustments. If we do, and if the rules are followed, we won't have the accident again.

In some cases, blame may have to be fixed — eventually. Someone may have to decide later there was a personal failure. But this should be no part of the investigative stage. Be wise and keep your wits. Don't let anger, disgust, or any other emotion get control of you.

What do you do if a worker near you is hurt in an accident? Even though you suspect what might have brought it on, you don't rush up and say, "What did you do that for?" If one suffers shock or is in extreme pain their emotions may run away with them at first. If they want to "blow off steam", let them do it. It will ease the pressure. Then get them to calm down and talk rationally. Ask what you can do to help. Get into a conversation not too directly related to the accident, while waiting for help or being taken for treatment. Psychologists have pointed out that talking reduces emotions.

Accident reports serve another purpose besides future accident prevention. They are grouped together to form nation-wide, state-wide, plant, and department statistics. It's these statistics that tell us whether we are winning or losing the battle for safety.

Help reach a work site record that we can all boast about. And while we're doing it, remember it's not your responsibility to put the blame on anyone.







ELECTRICAL SAFETY IN THE WORKPLACE: A REVIEW OF NFPA 70E

Course Code 08ESW70E

Course Price \$180.00 (Members) / \$230.00 (Non-members)

Course Length 7 hours Course Expiration 3 years

This course covers NFPA 70E Standard for Electrical Safety in the Workplace®. The intent is to review the latest version of NFPA 70E which focuses on the safe work practices that employees should use to work safely with electricity. The material covers workplace injuries and fatalities due to electrocution, shock and arc flash as well as arc blast. This course covers case studies of electrical incidents that help the attendees to understand the use of NFPA 70E to protect themselves and others.

Each attendee will have a copy of NFPA 70E to use during the class.





ATSSA FLAGGER TRAINING CERTIFICATION INSTRUCTOR LED

Course Code 08ATSSA

Course Price \$75.00 (Members) / \$85.00 (Non-members)

Course Length 4 hours
Course Expiration 4 years

During this course you will learn how to be a safe, effective flagger by:

- » Understanding why proper flagger operations are important
- » Learning the standard skillset of a good flagger
- » Applying standard flagger control references
- » Identifying proper flagging signals and procedures
- » Learning standard flagger practices for various situations

Includes Flagger Handbook & Flagger Workbook

FALL PROTECTION AUTHORIZED PERSON INSTRUCTOR LED

Course Code 08FPAP

Course Price \$65.00 (Members) / \$75.00 (Non-members)

Course Length 4 hours 30 minutes

Course Expiration 50 years

Gulf Coast Safety Council's Fall Protection for the Authorized Person course shows trainees a variety of methods to safeguard themselves from falling at height, including how to properly use fall protection equipment, as well as providing guidance on how to ensure a safe workplace for preventing falls or reducing the severity of a fall. It does this by covering need to know portions of OSHA's Fall Protection standard 29 CFR 1926 Subpart M.

FALL PROTECTION COMPETENT PERSON INSTRUCTOR LED

Course Code 08FPCP

Course Price \$145.00 (Members) / \$165.00 (Non-members)

Course Length 8 hours
Course Expiration 50 years

Gulf Coast Safety Council's Fall Protection for the Competent Person course ensures that a student will receive all of the proper training pursuant to OSHAs requirement of Competent Persons for this standard 29 CFR 1926.500. This course covers much more that the Fall Protection Authorized Person course. It covers details necessary when learning not just how to protect yourself, but what it takes to create a safe working environment for those you may be responsible for.







2021 GCSC HOLIDAY WEEKEND

Gulf Coast Safety Council hosted our annual Christmas Party in December at Beau Rivage Resort & Casino. Thank you to everyone who attended and to all of our employees for a great year of hard work.





























































IN LOVING MEMORY OF FRANK RUSICH JR





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